

Report on the first Surya Namaskar Challenge – 2026

On the occasion of National Sports Day, the Yoga Kendra conducted the first Surya Namaskar Challenge for JNU bona fide students on 31st August 2026 at the Yoga Kendra, Sports Stadium, with many students participating enthusiastically. The challenge had separate categories for boys and girls.

The following students got positions.

Category – Boys

Sl. No.	Name	Centre/ School	Position
1.	Anand Mohan	CGS	First
2.	Dhiraj Mandloi	SIS	Second
3.	Kiran Sarkar	CRCAS	Third

Category –Girls

Sl. No.	Name	Registration No.	Position
1.	Kumari Pooja	CSRD	First
2.	Mamta Yadav	ABVSME	Second
3.	Megha Kumari	SIS	Third

Medals to winners and participant certificates to all competitors were distributed after the Surya Namaskar Challenge.

Some photographs of the Challenge:





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